

THE GLORIOUS

Playground Guide

GLENEAGLES



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Guide**



*For information at your
fingertips, scan below:*



GLENEAGLES

WELCOME TO

The Glorious Playground



We're so happy you could join us.

Everyone has their own favourite corner of this beautiful place. For me it's taking in the views from the 1st tee of The PGA Centenary Course, looking towards the Glen, on a crisp autumn morning. Either that or my first coffee of the day in the Garden Café!

We're sure you will soon discover a few of your own favourite places during your time with us. We don't have lots of house rules but everything you need to know can be found in this handy little guide.

One number to remember is 0. Simply call the team on this number and we'll be on hand to answer your questions and arrange any requests you may have.

If you're here looking for a particular adventure then our Playground Planners can be reached on 4455. Or why not drop in and have chat with them in the Playground Snug?

Whatever you're here to enjoy and however long you're with us, I hope you have a truly wonderful stay.

Best wishes,

A handwritten signature in black ink, appearing to read 'Conor'.

Conor O'Leary
Managing Director

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Our Impact

We're striving to ensure our impact on the world is a positive one, by minimising our carbon footprint; preserving natural assets for future generations; and making a difference in our local community and beyond.



RAISING SUSTAINABILITY STANDARDS

We are incredibly proud that the steps we have taken so far have been recognised by Green Key – the foremost global standard for environmental excellence and sustainable operations within the hospitality industry – with Gleneagles becoming Green Key certified in 2024. We are also honoured to join Leading Hotels of the World's prestigious Sustainability Leaders Collection.

But the work doesn't stop here and we are committed to making continuous improvements right across our glorious 850-acre estate.

Not least to ensure we retain this important certification but because, quite simply, it is the right thing to do.

*If you'd like to learn more about our efforts,
head to [Gleneagles.com/our-impact](https://www.gleneagles.com/our-impact)*

PROTECT OUR PLANET

To support a healthy planet, we are continuing to invest to reduce our environmental impact. For example, all electricity used at Gleneagles comes from 100% renewable sources and energy efficient LED lighting has been installed across our estate. All our golf buggies, and some estate vehicles, are fully electric, however, we have a target to switch all company vehicles to electric by 2030. We also support our guests to travel sustainably with free transfers to and from the local train station, and electric vehicle chargers available on-site.



CONSERVE NATURE

As custodians of this Glorious Playground, we are working tirelessly to conserve nature and support healthy ecosystems for future generations by working with local conservation experts to enhance flora, fauna and wildlife across our estate. We are also doing everything possible to reduce our water consumption across all areas of our operations as water is one of the planet's most valuable resources. One such way is in housekeeping, where we now change bed linen and towels every second day, that is, unless you would like to request a daily linen change.



SOURCE RESPONSIBLY

We take our role in the circular economy seriously and are committed to using products and materials with the lowest environmental impact. The bottled water in our rooms is sourced from within five miles of Gleneagles, and we have chosen plastic because it has the lowest carbon footprint of all materials – around five times lower than that of glass. The bottle is made from 100% recycled plastic and our empties are recycled by our team to give them another life.



LOCAL COMMUNITY

We are proud to do our part to protect and enhance the environment and communities in this beautiful corner of Scotland for future generations. We provide each member of our team a paid volunteering day per year at a charity of their choice and our £1 discretionary guest donation scheme raises funds for carefully selected charities and groups in the local region which make a difference environmentally, socially and culturally.

Pillow Talk



A good night's sleep is so important! We take great pride in offering the most comfortable beds and pillows to give you the best night's sleep ever. We usually dress the bed with a medium duck feather pillow but if you prefer it firmer, fuller or fluffier, we can offer you the following:

*Luxury goose
feather & down*

*Non-feather
microfibre*

*Memory foam
orthopaedic*

*V-shaped pillow for
expectant mothers*

Simply dial 0 and we'll have it to you before you hit the hay.

Our Dress Code

We might be a proud Scottish sporting estate, but don't worry; you don't need to wear a kilt, sporrans and sgian dubh to fit in! We're pretty relaxed about what you wear right across our Glorious Playground. That said, there are a couple of things we'd really appreciate you noting.



THE STRATHEARN & THE AMERICAN BAR

We think these glamorous venues are the perfect excuse to step out in your finest attire. If you've been playing your way out of the rough or on an adventure trekking through the hills the chances are your outfit may feel a little out of place!

BATHROBES

We know, we know. Sometimes all you want to do is stay in the Gleneagles fluffy bathrobe all day or sneak down to the pool wearing it... for a quick dip. But, please, we'd appreciate it if you didn't wear the bathrobe outside of your room. If you're heading to the Wellness area, the Spa have their own lovely robes and there are towels a plenty in the pool changing rooms.



HERE'S THE

Important Stuff

We want you to have a great time at Gleneagles. Most importantly, we want you stay safe and healthy, so here are a few things you should know.



YOUR HEALTH

Trained first aiders are available 24 hours a day. Simply ask a member of staff or call 0 for help.

NHS 24, the national health helpline, can be reached any time on 111 (remember to dial 9 first for an outside line). If you need to see a doctor or other health specialist, we can arrange a transfer to either

St Margaret's Hospital in Auchterarder or Perth Royal Infirmary.

In the event of a fire alarm activation please see the evacuation plans beside your bedroom door.





It's Playtime

There's so much to do and so much fun to be had here – we don't call it The Glorious Playground for nothing! So if you haven't already got yourself signed up to one of our pursuits, then take a look at what's on offer. You can call one of our Playground Planners or drop into the Playground Snug in the heart of the Main House and they'll help create the perfect day or week for you.

Call our Playground
Planners on 4455

Pursuits

GOLF

For many people, Gleneagles can only mean one thing. And given we've been playing the game for over a hundred years here, it's easy to see why. There are three 18-hole championship golf courses at Gleneagles plus a delightful wee nine-holer. Even if you're having a bad round, at least you can enjoy the stunning views.

The King's and Queen's courses are golfing royalty. Dating back to 1919, they were designed by a legend of the game, James Braid. The King's plays like an inland links, while The Queen's has a classic heathland layout that tests shot-making to the limit.

The PGA Centenary bears (or should we say Golden Bears) the signature of Jack Nicklaus, with pristine definition and contouring. The estate is also home to Scotland's PGA National Golf Academy and our 9-hole Wee Course and Pitch & Putt which are perfect for families and beginners.



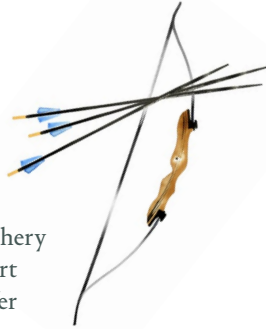
ARCHERY

Fancy adding another string to your bow? Then why not give archery a try. This ancient sport is great fun and we offer expert tuition in a purpose-built range using the latest recurve bows.



FISHING

We provide a range of fly-fishing experiences - from full-day salmon fishing adventures on the world-famous River Tay, guided wild brown trout forays, to anyone simply looking to experience the joy and tranquillity of trout fishing. Our experienced ghillies provide expert knowledge of our rivers and lochs, the very best fishing tackle, plenty of wry local humour and the most delicious picnics for a truly unforgettable day on the water.



TENNIS

Anyone for tennis? And we do mean anyone! Whether you're the next Andy Murray or only use your racquet as an air guitar, our tennis school has five outdoor courts and two state-of-the-art acrylic courts, as well as a whole locker full of top equipment and expert coaches.

PADEL

If you've not heard about it yet - Padel is the fastest growing racquet sport in the world - a really sociable game that has elements of both tennis and squash. We have three indoor Padel Courts at our Sporting Club - two doubles courts and an academy singles court - with Mondo Supercourt XN artificial turf, the game is best played as a doubles match for the greatest enjoyment. If you don't know the rules don't worry, we'll have someone on hand to explain them! We can also offer Padel coaching to get you from complete beginner to Padel Pro.



FERRETS

Hugely enjoyable for all ages, The Ferret Den is the first school of its kind at a hotel. Ferrets are highly intelligent creatures, capable of forming a strong bond with their owners. Once the basics have been mastered, the ferrets can be put to the test in a race through tubes, which resemble the burrows they hunt naturally.



GUNDOG SCHOOL

Our gorgeous Labradors and Spaniels are more than just pretty faces and wagging tails. Highly intelligent and masterfully trained, our furry friends are full of fun with plenty of tricks to keep you well entertained. Suitable for the whole family - though you may want to check your child's luggage before you leave...



OFF-ROAD DRIVING

Jump behind the wheel of our hardy 4x4s and feel the hills rock and roll beneath you in this thrilling off-road pursuit. We've even got mini Land Rover Defenders for mini drivers (age 3 - 8). And if four wheels aren't enough for you, how about the eight-wheeled Argocats? These wild and wonderful machines have been designed to handle our purpose-built land and water course.



FALCONRY

This centuries-old tradition is a wonderful way to get up close and personal with our majestic birds-of-prey, including hawks, falcons and golden eagles. Whether you are a budding falconer or merely interested in the noble pursuit of falconry, our hands-on Falconry Experience is as informative as it is thrilling and a wonderful opportunity to fly your very own Harris Hawk amongst the indigenous woodlands of our beautiful Glendevon estate.



SHOOTING

At Gleneagles we have the very best sporting clay set-up, with 14 unique stands that simulate the flights of game birds including grouse, teal, partridge, woodcock, and our signature Kings tower with the highest-driven pheasant in Scotland. For those who enjoy the precision of rifle shooting, we have a purpose-built, state-of-the-art, covered air-rifle range with an exciting assortment of pop-up targets out to 60 yards.



RIDING

With adorable Shetland ponies and beautiful horses with temperaments to match, our acclaimed riding school has everything a rider could want. On a 50-acre site, with both indoor and outdoor arenas, the school offers coaching, lessons and riding experiences for guests at all levels, from age 4 up.



The Trail Yard

The playground doesn't get any more exciting than The Trail Yard.

This is your meeting point for a whole range of adrenaline-filled pursuits such as tree climbing, zip wire and fat bike off-roading.

Though if all of that sounds way too exhausting, don't worry.

It's also the place to start our gentle walking trails too. Grab a coffee and gather round our firepit, though you may have to shift Henry, our resident Lab, before you do so.

WALKING & RUNNING

Choose from the Strathallan Stroll, a gentle half-hour walk of around two kilometres, or the 4.7 km Westerly Wander, which takes around an hour. If you're ready to change it up a little, then check out our Green Run, a tough ten kilometre outdoor gym and run that's tempered somewhat by the breathtaking countryside you take in en route. It's beautiful whatever the season, whatever the weather.

GUIDED HILL & MOUNTAIN WALKING

Our Playground Planners are here to help you plot the perfect route. The Ochils are a favourite of ours and practically on our doorstep. If you're up for something a little more challenging, less than an hour's drive will give you a choice of stunning Munros and Corbetts, including the beautiful Ben Lawers and Ben Ledi, the thrilling Tarmachan Ridge, and the grandeur of Ben Vorlich with breath taking views overlooking Loch Earn. Full or half-day walks are available with guides and transport. And don't forget to order a delicious packed lunch to savour as you gaze down on the world from the roof of Scotland.





CYCLING

Are you the mud 'n' guts' type, shooting through the forest trails and leaping off rocks? Or do you prefer to pootle about without a care in the world and a picnic in your basket? Whatever gets your wheels turning, we have just the bike for you here. Our models, all available to hire for the full or half- day, include fat bikes, Shand road bikes, general purpose bikes and both pedal and balance bikes for the young 'uns. And we'll happily point you in the right direction for routes both easy and challenging.



TREE CLIMBING & ZIP WIRE

Climb into the majesty of the Perthshire canopy using ropes and harness. And then shoot down the easy way – on a 110m zip wire! This grin-inducing pursuit will challenge and thrill adults and children alike in a safe environment with full instruction.



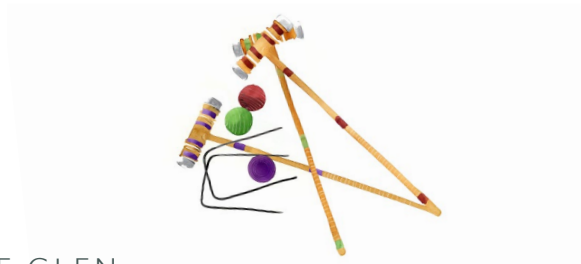
LOW ROPES

For the wee ones just learning the ropes, this clip and climb outdoor pursuit is great fun and totally safe. And there's no age restriction either (though no tiny tots under 100cm or biggies over 140cm tall please).

Croquet & Lawn Games

No need to jump through hoops to play croquet at Gleneagles; the lawn is right there in front of the Main House. Equipment and instructions are available from The Health Club, apart from during Summer where our Games Hut is open by the front lawn.

*Subject to change and weather conditions.
Available games may change seasonally.*



LITTLE GLEN

Leave your wee ones with us in the colourful, vibrant surroundings of Little Glen. This fully supervised crèche for 2 – 8 year olds is open from 9.00am to 5.30pm. The best thing? You get one complimentary session per day of stay! Extra sessions may be booked upon arrival via The Snug for an additional cost.

THE DEN

This unsupervised hangout space is perfect for children and young teenagers aged around 10 to 15 (though children from 8 upwards are welcome with supervision). Open 9.00am to 10.00pm.

GLEN ADVENTURE PROGRAMME

Immerse your young ones in a world of exploration with our Glen Adventurers Programme, specially crafted for curious minds of various ages during school half terms and summer holidays.





Wellness



Bliss. To be honest, that's just about all we need to put here. With two indoor swimming pools, one heated outdoor pool, a bubble pool and thermal suite, there's no better word to describe the place...

If you fancy something a little more energetic, then we also have a state-of-the-art gym and move studio with a range of classes from Elements Extreme and Spin Circuits to low impact HIIT and TRX.

Personal trainers are also available.

Monday - Friday 6.30am to 10.00pm

Saturday & Sunday 7.00am to 10.00pm

(excluding festive period)

Spa

The Spa at Gleneagles, a soothing haven from everyday stresses, where the welcome is warm, the spirits are lifted, and the pursuit of balance is the only option on the menu. Booking in advance is essential and we recommend arriving an hour before your treatment so you can truly savour all the Spa has to offer.

9.00am to 7.00pm



Bob & Cloche

Pampered. Yes, once again, this whole experience can be summed up in a single word. Located just about a hair-dryer cord away from the Main House, Bob & Cloche is a beautiful suite of rooms with a blow dry bar and offering manicures, pedicures, facials and makeup.

So when it's me-time, this is where to come.

Contact our Playground Planners on 4455 for availability.



THE SPA



Food & Drink



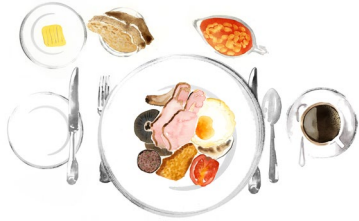
It's one of life's great pleasures – and even more so when someone else is doing all the cooking. So whether it's an intimate dinner for two or a big celebration, a lazy breakfast or quick bite, our bars and restaurants are just your cup of tea.

For our opening times and menus please visit our website – www.gleneagles.co.uk.

Call 4455 to make a reservation.

THE AMERICAN BAR

Opulent and elegant, The American Bar is an intimate adults-only space for celebrating your evening with Champagne and cocktails.



THE STRATHEARN

Grand and glamorous, this decadent dining room is the place for a dressed-up fine dining experience as well as the home of our delicious breakfast.



THE CENTURY BAR

Right at the heart of the Main House, the Century Bar is always buzzing with life. Alongside our extensive whisky selection showcased on the central bar, the menu reflects the shifting moods of the room from family lunches, afternoon pints, pre-dinner cocktails and late night drams.

THE DORMY

With its fine views over the King's and Queen's courses, The Dormy's relaxed vibe and effortless charm make it a favourite with families, friends and golfers. Start the day with breakfast followed by our all day menu of well-sourced, hearty dishes including grill classics, comfort food and specialities from our tandoor and pizza ovens.

AUCHTERARDER 70

Named after Gleneagles' original phone number, A70 (as it's nicknamed) is the ideal spot for a post-round pint, light bite or one of our 70 gins. On warmer days, the seats on the terrace are the place to be.





THE BIRNAM

The Birnam is a vibrant and relaxed Italian-American grill, where the finest cuts are seared, slow cooked and grilled to perfection over our custom built, open fire pit. A lively and bright feel during the day that transitions into a warm and bustling space - prepare to settle in for the evening.

THE GARDEN CAFÉ

Bright and energetic, the Café is an all day space for morning meetings, lazy lunches and afternoon pick-me-ups. Enjoy a range of hot and cold drinks alongside soups, salads and sandwiches as well as ice creams and home baked goodies.

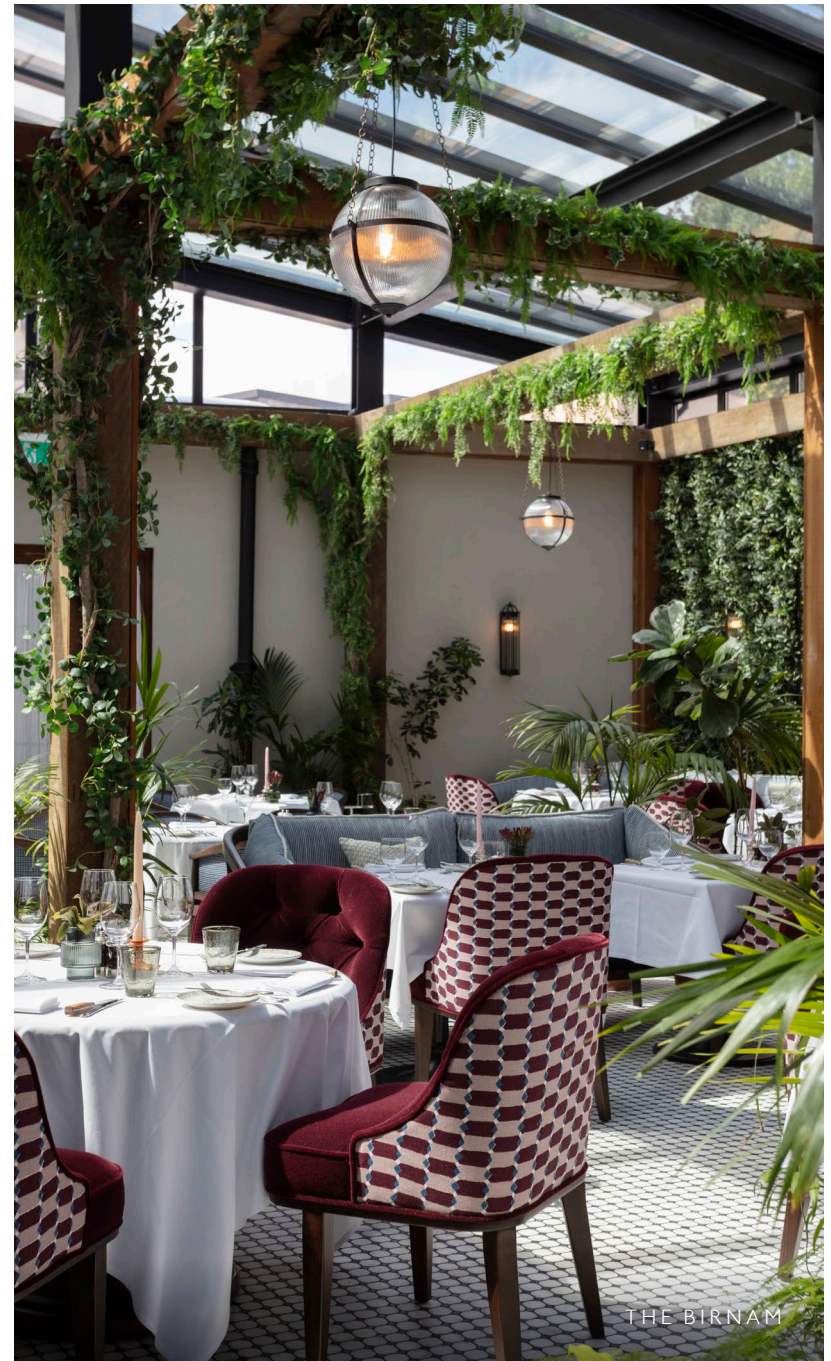


GLENDDEVON

Home to our afternoon tea, this elegant lounge enjoys sweeping views over the lawn to the Ochil Hills. The perfect place to sample some finger sandwiches, buttery scones and delicious delicacies.

ANDREW FAIRLIE

As Scotland's longest standing two Michelin starred restaurant, this is one of the world's truly memorable dining experiences. Andrew Fairlie is a fascinating blend of French and Scottish influences, with hand-picked ingredients and impeccable attention to detail. For menus and reservations visit andrewfairlie.co.uk.



THE BIRNAM



YOUR HOME AWAY
FROM HOME

Glenmor



Located in the spectacular grounds of Gleneagles, Glenmor is a collection of luxurious, superbly appointed two, three and four bedroom holiday homes set around their own village green.

Contact 4321 for
more information.



Staying at Glenmor

These luxury Scottish lodges blend the luxury and adventure of our Glorious Playground with self-catering facilities and space for the whole family, offering the best of both worlds. A stay at Glenmor is so much more than just a place to rest your head – from our dedicated five-star concierge service, complimentary golf for one person on all three of our iconic courses during your stay, access to our world-class health club, freshly baked bread available daily on request and two mountain bikes for each home to explore the estate - it's time to make yourself at home, soak up the luxury and get ready for your countryside adventure to begin!





